



## Certification Training Inner Alchemy Qigong Instructor Level 1

### Suitability

This training does not require any prerequisites and is suitable for

- anyone who would like to learn and teach a qigong form
- anyone who is interested in the inner alchemy of Qigong forms
- all therapists and people in the health professions

### QiGong

These internalized Qigong forms are “real Qigong” because they are

- train the inner life of Qigong
- reveal “the secrets” of the practice
- open up access to the jewels of Inner Alchemy

### 48 hours

Practice and Theory

Module 0	UHT Basic Techniques	10 h
Module 1	Cranial Sacral Qigong	10 h
Module 2	Stem Cell Qigong	10 h
Module 3	Wisdom Qigong	5 h
Module 4	5 Elements Qigong	5 h
Module 5	Supervision	8 h

### Costs

CHF 1690

### Evaluation

Whenever the trainee is ready, they arrange an individual examination date.

Trainees choose which modules they want to be tested in. This can be just one module several or all modules 1-4 of level 2.

The trainee can choose to be examined in other forms at a later date whenever they are ready.

• **Evaluation Fee**    2 h CHF 250                    3 h CHF 330    4 h CHF 390

• **Certification Fee** CHF 90

Approximately 1 to 3 weeks after passing an exam, you will receive a certificate as an Inner Alchemy Qigong Instructor Level 1 with the keys of the modules in which the exam was successfully completed.

### Dates

For fixed training, see dates on website under the Rubric Training

**ADDITIONAL INFORMATION for the TRAINING  
to become an Inner Alchemy Qigong Instructor Level I**

For individual training please contact Rentao